

Fourth Step Inventory

Liabilities

Watch for—

Assets and Liabilities Checklist from the "Big Book"

pg. 64:1(1-7); pg. 64:3(1-9); pg. 68:1(1-3); pg. 69:1(1-6:edited)

Assets

Strive for—

Resentment	<i>Ex</i>	<i>Myself</i>	<i>Court</i>	<i>God</i>	Forgiveness
Fear	<i>Court</i>	<i>Relapse</i>	<i>Health</i>		Faith
Selfishness	<i>Ex</i>	<i>Employer</i>	<i>Friend #1</i> → Direct		Unselfishness
Dishonesty	<i>Ex</i> → Living	<i>Myself</i>	<i>Employer</i> → Living	<i>Friend #2</i> → Direct	Honesty
False Pride	<i>God</i>	<i>Employer</i>			Humility
Jealousy	<i>Family Member</i> → Letter				Trust
Envy					Contentment
Laziness	<i>Ex</i> → In-kind	<i>Employer</i>	<i>Myself</i> → Living		Action
<i>Shame</i>	<i>Friend #2</i>				<i>Self-respect</i>

Example of Assets and Liabilities Checklist with Ninth Step Type of Amends Added

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THE BRUNCH CLUB #14807

Do the steps in a day and start your amends.

648 Broadway Floor 9, Suite 910

NE Corner of Broadway at Bleecker St

New York City, NY 10012

Find the room, buzz yourself in with code

00910# or Find 'Breather Room 910' say any name to the automated voice to unlock lobby.

Wheelchair accessible, Spiritually neutral location (doesn't meet in a church, temple or synagogue).