

19th ANNUAL MIDDLE OF THE HERD CONVENTION (We Need Each Other)

St Michael's Inn ~ 1228 South Talbot St.
St Michael's, MD 21663

Agenda for the March 23, 2019 Back to the Basics of Recovery Seminar with Wally P. (Tucson, AZ)

**(Gender Neutral Format for all Addictions and Compulsive
Behaviors)**

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| 09:30-10:30 am | <u>Surrender:</u> Take Steps 1-2-3 |
| 10:30-11:00 am | Coffee Break ~ Plus Breakout # 1 to Meet your Sharing Partner and Discuss your Surrender |
| 11:00-12:00 noon | <u>Sharing:</u> Take Step 4 and Setup Step 5 |
| 12:00-02:00 pm | Lunch on your own ~ Plus Breakout #2 to Take Step 5 with your Sharing Partner |
| 02:00-03:00 pm | <u>Sharing</u> (Continued) and <u>Amends:</u> Take Steps 6-7-8-9 |
| 03:00-03:30 pm | Coffee Break ~ Plus Breakout #3 to Take Steps 8 and 9 with your Sharing Partner |
| 03:30-04:30 pm | <u>Guidance:</u> Take Steps 10-11-12 |
| 04:30-05:00 pm | Questions and Answers |